

Original research article

Relation of gender and family history with neonatal hearing loss

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ABSTRACT

Objective: To study the relation of gender and family history with hearing loss in neonates.

Materials and Methods: This is a prospective cohort study conducted in the Audiology clinic in the Department of otorhinolaryngology. 100 neonates in NICU were taken as cases and 50 neonates in Neonatology ward as controls. Neonates with active upper respiratory tract infection and middle ear disease were excluded. Family history, prenatal, perinatal, and postnatal histories were collected from parents or guardian using a peer reviewed standard questionnaire. Screening for hearing loss was done by using Acoustic Emission (OAE) and later by Auditory Brainstem Response (ABR). All neonates were screened by OAE initially and after 1 month repeat OAE was done for those who failed in the first test. Then for those who failed in the second test, ABR was done. Association of parameters with hearing loss was determined using Pearson Chi-square test.

Results: In the study population, there were 72 male and 78 female neonates. Out of these, 10 male & 15 female neonates were found to have hearing loss. It was found that sex had no significant association (p value = 0.380) with hearing loss in neonates. 3 neonates had family history of hearing loss. It has a significant relation (p value= 0.000) with hearing loss.

Conclusion: In the present study conducted among 150 participants, 10 male and 15 female neonates had hearing loss. There is no significant relation between sex and hearing loss in neonates. Hence we recommend a further detailed study in this area with higher sample size for a long duration. Family history is found to have significant relation with hearing loss in neonates.

Keywords: Hearing loss, neonates, gender, family history

INTRODUCTION:

Hearing loss is one of the most common treatable diseases of childhood. The incidence of hearing loss in neonates is 2- 4 per 1000¹ livebirths. Four types of hearing loss² are there: conductive, sensorineural, mixed and central. Conductive loss is due to problems in the outer or middle ear. Sensorineural type is caused by problems in the inner ear or auditory nerve. Mixed loss includes both conductive and sensorineural types. Central hearing loss is rare and involves problems in auditory pathway or brain. Above 50% of congenital sensorineural hearing loss is due to genetic problems³. If hearing loss is not identified early in life, it can cause negative impact⁵ on child's speech, language, and cognitive development. Yoshinaga-Itano et al⁴ suggested that early identification & intervention of the problem by universal hearing screening by OAE & ABR before 6 months of age improves the psychosocial, educational and linguistic development of infants and children. This study is done to find out the role of gender and family history in neonatal hearing loss.

MATERIALS AND METHODS:

This is a prospective cohort study conducted at Audiology clinic in the Department of Otorhinolaryngology, Malabar Medical College Hospital from April 2014 to April 2017. 100 neonates in NICU were taken as cases

and 50 neonates in Neonatology ward as controls. All of them were within 28 days of age. Neonates with active upper respiratory tract infection and middle ear disease were excluded from the study. Family history, prenatal, perinatal, and postnatal histories were collected from parents or guardian using a standard peer reviewed questionnaire in order to determine the risk factors for the congenital hearing loss. The study was approved by the Institutional Ethical Committee. The parents and guardians were informed about the study and their consent was obtained. The screening programme³ consisted of:

1. 1st screening test by Oto Acoustic Emission (OAE) at postnatal age of up to 28 days in term neonates or at a post conceptional age of 37 - 41 weeks in preterm neonates.
2. Re-testing in cases of lack of response (fail 1) is done 1 month after 1st test by OAE.
3. Auditory Brainstem Response (ABR) testing within 1 month of retesting in cases of lack of response (fail 2)

All tests were done free of cost for the subjects. Association of qualitative variables with hearing loss was determined using Pearson Chi-square test.

RESULT:

Table 1: Percentage of hearing loss in relation to gender

Sex	Hearing loss		Total
	Present	Absent	
Male	10 (13.9%)	62 (86.1%)	72 (100.0%)
Female	15 (19.2%)	63 (80.8%)	78 (100.0%)
Total	25 (16.7%)	125(83.3%)	150 (100.0%)

Table 1 shows percentage of hearing loss in relation to sex of the subjects. Out of 150 subjects, there were 72 males and 78 females. Out of 72 males, 10 were found to have hearing loss. Out of 78 females, 15 had hearing loss. It was found that sex had no significant association (p value = 0.380) with hearing loss in neonates.

FIGURE 2: Percentage of hearing loss in relation to family history of hearing loss

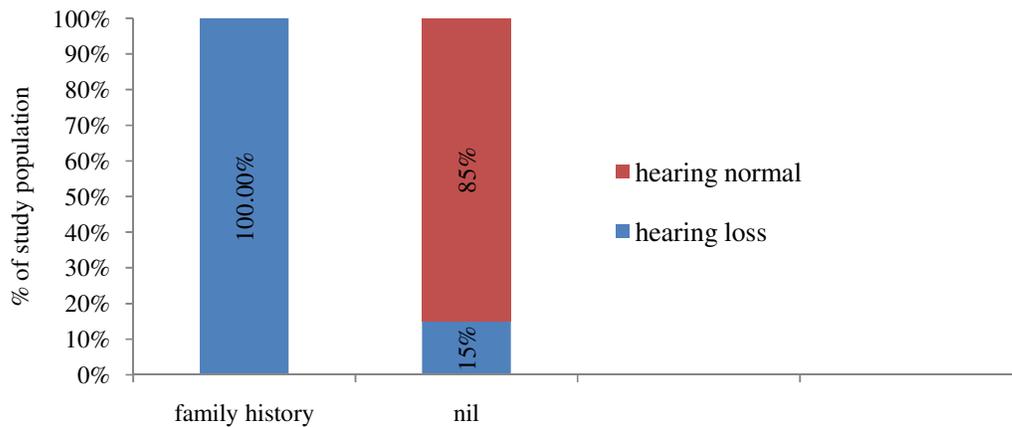


Figure 2 shows percentage of hearing loss in neonates in relation to family history of hearing loss. Out of 25 neonates, 3 had family history of hearing loss which was statistically significant. (P value = 0.000).

DISCUSSION:

Sex differences exist throughout the auditory system^{6,7,8}. Head size does not contribute to sex differences in hearing sensitivity. This was explained by Durrant et al.⁹ and Sabo et al.¹⁰ who found that latency differences persist while comparing males and females of equal head size. Studies by Don et al.¹¹ in 1993 showed that female hearing is more sensitive than male by observing Transient Evoked Otoacoustic Emissions (TEOAE) results of healthy new-borns and explained by the fact that outer hair cells of female new-borns respond more sensitively than males. Hall et al¹² found that adult males have longer cochlear length than females. Shorter cochlear length results in faster response time and better synchronisation of neural pathways. Studies conducted by Krizman et al¹³ showed a dissimilarity in neural response to the components of speech stimulus between males and females but not in the slower changing, lower frequency stimulus. The present study shows no significant association between gender and hearing loss in neonates. This was supported by McFadden and Mishra experiment in 1993 where a variable related to the cochlear amplifier like number of Spontaneous Oto Acoustic Emissions (SOAEs) was studied. Saunders et al¹⁴ conducted a study among the school aged children in the rural community in Nicaragua. 24% had family history of hearing loss. The inheritance¹⁵ of non syndromal hearing impairment is as follows - autosomal recessive - 83%, autosomal dominant - 10%, and X-linked - 5%. Mitochondrial inheritance contributes to 2% of hereditary deafness. Autosomal-recessive hearing impairment occurs prelingually and is pronounced. Autosomal dominant hearing impairment occurs predominantly postlingually and progressive.

CONCLUSION:

In the present study involving among 150 participants, only 10 male and 15 female neonates had hearing loss. The study concluded with the fact that family history has a significant positive relation with hearing loss in neonates. The study further concluded that is no significant relation between gender and hearing loss in neonates. Hence we recommend a further detailed study in this area with higher sample size for a long duration.

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